

# HOPEWELL COMPASSPOINTS

WINTER 2009 • NEWS FOR FAMILY & FRIENDS

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## UNIQUE COWS JOIN OUR HERD

"Belted Galloways, that's what we need," said Hopewell Farm Manager, Norman Wengerd at a farm committee meeting this summer.

"It's a type of cow," he explained, "and it's just what we need here to improve our sustainability." Growing organic, sustainable food isn't just a trend at Hopewell – we've been doing it for many years.

When Norman learned that Belted Galloway cows do not require a great deal of human-provided food and produce much healthier, leaner meat, he was sold and so were we.

And thanks to our generous friend, Robert Briggs of Akron, we found some close to home. It turns out that Rob, in his spare time, breeds and sells the unusual Belted Galloways at his farm in Hartville. He was only too happy to donate some of his beautiful herd to Hopewell.



We are the proud new owners of two pregnant heifers and two female calves. These beautiful cattle with their long hair and white "belt" make a great addition to our farm family.

*Thank you, Rob Briggs!*

## HOW YOUR ANNUAL FUND GIFT HELPS

Imagine that a brother, sister, spouse or parent has a mental illness. He or she has cycled in and out of hospitals for years without any significant improvement; doesn't take medication; and cannot live independently.

This kind of life is what people who find Hopewell have been living.

Hopewell's comprehensive approach to all aspects of mental illness – biological, psychological and social – offers real and lasting change, but in order to access it, family members must sometimes liquidate savings and retirement accounts.

Though Hopewell is cost-effective in the long run, it is still more than many families can afford.

This is where your gift makes such a difference.



*The day we drove my sister to Hopewell it was gray and cold. A light snow blew across my windshield. It was February 2008 and the weather mirrored our moods. Though I knew Hopewell was the right place to treat Karen's severe depression, she was unconvinced. "I don't like it here," she said. But ask her today and she tells a different story.*

HOPEWELL

*Hopewell Club Hope member, Karen, and her brother, Fred, share their story in this year's annual fund appeal.*

**Your contribution to our annual fund lightens families' financial burden and makes it possible for sons, daughters, husbands and wives to benefit from Hopewell's remarkable care.**

In 2008, your overall support made it possible for us to provide scholarships worth \$1.3 million. Our goal for the 2009 annual fund is \$170,000.

At Hopewell, we give people the opportunity and the skills to take control of their mental illness and create a life of hope. Thank you for believing it is a gift worth giving.

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## COMPASS POINTS

Is a periodic publication for the friends and donors of Hopewell.

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# HOPEWELL'S DIRECTION

BY RICK KARGES, EXECUTIVE DIRECTOR



Hopewell continues to promote access and affordability to individuals, community organizations and third-party payers. While your generous financial contributions to our annual fund, Summer Solstice benefit and endowment generate subsidies for over 95% of our residents, a strategic, planned effort to diversify our payer mix will strengthen Hopewell's operations and create greater opportunities to meet the increasing needs of a population in crisis.

We have:

- **Secured a funded relationship with the Cuyahoga County Mental Health Board for the first time in Hopewell's history.** Hopewell is approved for more than \$200,000 in care over the next year. We are also reaching out to other county mental health boards in Ohio – Hopewell offers a potential cost-saving for individuals in their communities, especially as state budget dollars decrease.
- **Become an approved provider for third party payers.** Hopewell is an "approved provider" for insurers such as Aetna, Value Options and Antares.
- **Developed two new programs to reach a wider population of consumers.** Club Hope is a day program for people who do not need residential care, but could benefit from a structured environment. The Intensive Assessment Program is for residents transitioning from a hospital situation who may need up to 30 days of one-to-one care before acclimating to our traditional program.

Thank you for your support and continued interest in the health of our residents and our organization. We look forward to keeping you informed as to our progress and achievements in the days ahead.

## SHATTUCK HARTWELL

The Hopewell family is saddened by the passing of Dr. Shattuck Hartwell. Dr. Hartwell has been a vital member of the Council of Advisors since 2001. As a former surgeon and head of the Cleveland Clinic, he has always possessed excellent judgment and decision-making abilities. Over the years Shad and his wife, Mary Jane, have shared their many talents and interests in support of Hopewell. We wish the Hartwell family peace in this time of sadness.

## OUR FOUNDATION PARTNERS

Hopewell would like to extend a special thank you to these generous foundations for their support. (July 29, 2009 – October 16, 2009)

The Cleveland Foundation

The George W. Codrington Charitable Foundation

Caroline B. Emeny CLAT

Harry K. Fox and Emma R. Fox Charitable Foundation

Home Savings Charitable Foundation

The Fred A. Lennon Charitable Trust

Frank H. and Nancy L. Porter Fund

# A Sense of PLACE

Since opening our doors in 1996, more than 250 residents have called Hopewell's peaceful farm setting home. In their time at Hopewell, many of our residents and staff have connected with certain places on our 306-acre campus. Here is a sampling of some of their favorites:



## CHIP B. Resident

*I like the animals – they calm me down. They know when I'm in a good mood or a bad mood and they cheer me up. Horses have really helped me because they show me how their struggles relate to my life struggles.*

## ANONYMOUS

*Looking out over the pond to the Conservatory brings a great sense of peace to me. The calm water and beautiful building sitting up on the hill call to me. What a wonderful gift we were given.*



## JACK CHILDERS Program Facilitator

*The place on the Hopewell campus that is the most special to me is not one individual location but many individual points within the wooded trails of Hopewell. Walking the trails gives one a sense of peace and tranquility even during the trying times we all face. One quickly becomes familiar with the land marks. Even the individual trees seem to take on a "personality" of their own.*

*As the seasons change, there is always a different, new beauty to behold – from the yellow water lilies at Wellman Pond in the spring to the breathtaking color palate of fall foliage. Even the stark winters display a white snow-covered majesty that is mostly undisturbed. The wildlife, the trees and flowers, ever changing, offer a place to get away and ponder the deeper meaning of life. The Hopewell woods and trails are a unique and valuable commodity that truly make Hopewell a healing place.*



## COLLEEN WELDER

Director of Program Services

*I have a sense of attachment to the South Farm and the walk to arrive there. There is an access road that leads from the main campus to the South Farm. I enjoy the walk down to the Farm tremendously and find it incredibly peaceful and calming. If I do have stress that I am carrying with me when I leave on my walk to the barn, it has certainly left me by the time I arrive.*



*I have worked in many other mental health settings that do not have access to outdoors. It is extremely unique to be able to share my love of outdoors and animals with residents. I never want to see Hopewell lose the farm work, the animals, or the equine program. It makes me feel hopeful that future residents will be able to benefit from the South Farm as I know how healing it can be.*



## DAN FINKBINER

Volunteer

*I can spend time in the labyrinth alone with God. I take all of my burdens in and try to come away with a deeper understanding of things.*

## ISAAC Y.

Resident

*I enjoy sharing jobs in the kitchen. It makes me feel happy.*



# FROM THE HOPE "WELL"

Hopewell is in need of the following items. If you are able to help, please call the Development Office at 440.247.0912.

Thank you!

- All terrain, 4-person golf cart for guest tours
- Funding for heavy-duty plastic sap buckets
- Commercial-grade backpack leaf blower (2)
- Gas-powered, commercial-grade weed eaters (2)
- Wrought iron chairs
- Gardening supplies (gloves, hand tools, shovels, rakes)
- Heavy duty raingear
- Umbrellas
- Mud boots

Thank you for your recent donations:

- **Christine Cowan-Gascoigne** – refrigerator
- **Rock and Roll Hall of Fame and Museum** – museum tickets
- **Carter Lumber** (Middlefield and Cortland) – lumber and hardware for a swing
- **Maplewood High School, Cortland, Ohio** (shop class) – swing construction
- **Maryanne, Dave and Ritchie Plott** – time and expertise to build swing frame and lay stone under surface
- **John Makley** – shared his expertise on bee-keeping with our residents
- **Wilson Taylor** – beautiful new trail signs for our woods



# A PATH TO HEALING

## *New labyrinth adds a healing touch*

People take many paths to healing and we are delighted to have a new one at Hopewell in honor of **Caroline Emeny Taylor**.

Hopewell's new labyrinth was completed this fall and has already become a favorite place for residents and staff.

Our spirituality group was very involved with its placement (near the residence cottages) and design (based on the labyrinth at Chartres Cathedral near Paris). They created the following wording that will be placed near the labyrinth: "To all who walk the 'path' of the Hopewell Labyrinth, may you find serenity, peace, love, joy, spiritual patience and special memories."

The purpose of a labyrinth is to quiet the mind and encourage meditation, self-reflection and stress reduction. The process of walking integrates the body with the mind and the mind with the spirit. This thoughtful movement is especially effective with people who have difficulty with more formal meditation practices that require stillness.



## PLANNED GIVING AT HOPEWELL

### *MARGIE WHEELER – LIVING GENEROUSLY*

The title of this piece could just as easily be Giving Generously, but that would not fully describe Margie Wheeler and what she means to the Hopewell community.

You see, in addition to volunteering her time for many years as a board member and now as an advisor; helping with the Summer Solstice benefit; contributing each year to the annual fund; and connecting us with other area nonprofits, Margie has made a planned gift to Hopewell.



"Hopewell is a small enough organization that a planned gift toward the endowment can really make a positive impact," explains Margie. "So when the initial endowment campaign began, this seemed like a very painless way to contribute." She credits Jan Havener at The Glenmede Trust Company for making the suggestion.

"Investing in organizations you believe in is important. Life for people who have a mental illness is very hard – it's an area that merits investing. In addition, a planned gift can make a lot of sense financially. It's very satisfying to leave a legacy."

If you are interested in deepening your commitment to Hopewell through a planned gift, please contact Leslie Mapes, Director of Development, at 440.247.0912 or [lmapes@hopewell.cc](mailto:lmapes@hopewell.cc).

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## THANK YOU TO THESE HOPEWELL FRIENDS FOR THEIR GENEROUS PLANNED GIFTS:

Jane W. Christie  
Martine V. Conway  
Morton and Natalie Epstein  
Mr. and Mrs. Theodore Fabyan

Helen and Geoffrey Greenleaf  
Clara T. Rankin  
Jordan A. Truthan  
Margie Wheeler



*Kathy Shimer (middle) from the Chardon branch of the Home Savings and Loan Company presents Leslie Mapes, Director of Development, and Rick Karges, Executive Director, with a \$5,000 check for program support.*

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## OUR MISSION

Hopewell provides an opportunity for adults with serious mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic farm community.

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## HOPEWELL LAUNCHES WEBSITE REDESIGN

*www.hopewell.cc*

Thanks to a generous grant from **The Louise H. and David S. Ingalls Foundation**, Hopewell has recently redesigned our website. The goal of this visually exciting and informative site is to more effectively showcase Hopewell's program and facilities. Users will have the ability to:

- Experience the beauty of Hopewell with our interactive photo and video tour
- Donate and order Summer Solstice tickets online
- Access admissions forms
- Learn more about our qualified and experienced staff

Thank you to our website designer, **The FORM Group**, for working closely with Hopewell's residents and staff to capture the essence of this healing place.

**facebook**

*Find us on Facebook. Discover more about Hopewell's unique program, mental health advocacy and how we are making a difference today.*

