

# HOPEWELL

A therapeutic farm community for adults with mental illness.

Resident Name \_\_\_\_\_ PIN N/A Date \_\_\_\_\_

## Strengths/Resources

**What are some things that help you? Check all that apply and list others you think will help.**

- 1. Support from family (parents, children, others)
- 2. Support from spouse or significant other
- 3. Connection to self-help group (AA, NAMI, etc.)
- 4. A positive and supportive sponsor
- 5. Connection to a church group or minister
- 6. Access to a spiritual practice group
- 7. Counselor or case manager who helped you get into treatment
- 8. Someone who helped you get into Hopewell
- 9. Financial assistance or benefits coming to me
- 10. Permanent residence/housing option
- 11. Work/ vocational options/connections at discharge
- 12. Work/ vocational experience doing \_\_\_\_\_
- 13. Connections to volunteering I have done
- 14. Connection to a community \_\_\_\_\_
- 15. Connections to a mental health facility and/or psychiatric care; provisions for obtaining medications
- 16. Supportive friends
- 17. Community involvement \_\_\_\_\_
- 18. A guardian who is helpful
- 19. Recreation/leisure connections
- 20. Driver's license
- 21. Others: \_\_\_\_\_

## Needs

**What do you want to learn while at Hopewell? Check all that apply and list other things you can think of that are not shown.**

- 1. Education about mental disorders
- 2. Education about substance abuse
- 3. An explanation of my diagnosis
- 4. Improvement in my communication skills
- 5. Improvement in my interpersonal skills
- 6. Contact with supportive others
- 7. Emotion-management skills
- 8. Anger-management skills
- 9. A personal safety plan
- 10. Medication education
- 11. Getting and keeping a job
- 12. Education about improving my health
- 13. Relapse prevention or recovery plan
- 14. Coping with symptoms, e.g., voices, confusion  
Specific symptoms \_\_\_\_\_
- 15. Relapse prevention skills
- 16. Art & creative expression class
- 17. Money management skills, e.g., checking
- 18. Independent living skills, e.g., cooking
- 19. Assistance with housing
- 20. Empowerment/advocacy training
- 21. Benefit analysis for SSI/SSDI and work
- 22. Understanding of how Hopewell works for me
- 23. Exercise opportunities & guidance
- 24. ADL assistance, e.g., grooming hygiene
- 25. Managing sleep schedule
- 26. Help dealing with groups and many people
- 27. Support to manage limitations in \_\_\_\_\_
- 28. Others: \_\_\_\_\_

This form is to be completed by each resident during their initial assessment at Hopewell.  
Residents may request and receive assistance from their clinical manager, prime staff or others.

Person Assisting (if requested) \_\_\_\_\_ Date \_\_\_\_\_

9637 State Route 534, PO Box 193 Mesopotamia, Ohio 44439 Phone- 440-693-4074 | Fax – 440-693- 4167

Resident Name \_\_\_\_\_ PIN N/A Date \_\_\_\_\_

**Abilities**

**Preferences/Expectations**

**What are some of your personal qualities, skills or talents that will help you in recovery? Check all that apply and list others you think will help.**

**What do you hope to get out of Hopewell? Check all that apply and list other things you can think of that are not shown.**

- 1. I am very motivated for treatment
- 2. I am able to make an appropriate transition to living in a recovering community
- 3. I have good interpersonal/communication skills
- 4. I have good emotion-management skills
- 5. In the past I have demonstrated openness and honesty with regard to my recovery
- 6. I have been able to let go of the denial that I once had about my mental disorder
- 7. I have been able to let go of the denial that I once had about my substance abuse
- 8. I have some insight into my substance abuse and mental disorder
- 9. I have good self-esteem
- 10. I have some positive plans and goals for my future
- 11. I am willing to do what it takes to be in recovery
- 12. I have good work skills doing \_\_\_\_\_
- 13. I'm aware of how work effects benefits
- 14. I'm aware of supports/resources in my community
- 15. I have a good relationship with a higher power
- 16. In spite of past hardships, there are still areas of my life in which I take pleasure
- 17. I am a helpful caring person, capable of offering support to others in recovery
- 18. Able to function in groups
- 19. Good grooming hygiene & self-care
- 20. I'm generally physically fit
- 21. Good spiritual practice, e.g., prayer, yoga
- 22. I can teach or offer my experience in \_\_\_\_\_
- 23. I have already overcome obstacles in my life
- 24. Special talents \_\_\_\_\_
- 25. I am knowledgeable in \_\_\_\_\_
- 26. Others: \_\_\_\_\_

- 1. I will learn the skills to stay mentally stable
- 2. I will learn the skills to stay clean and sober
- 3. I will have a better understanding of my diagnosis
- 4. I will be able to communicate more effectively
- 5. My interpersonal skills/relationships will improve
- 6. I will develop a system of support in recovery
- 7. I will be able to better manage my emotions
- 8. I will be able to better manage my anger
- 9. My health will improve \_\_ physically\_\_ mentally
- 10. I will have a better understanding of relapse prevention
- 11. I will have an illness management plan
- 12. I will learn how to reunite with my family
- 13. I will learn to get a job
- 14. I will learn ways to live well & be happy
- 15. Personal safety plan preferences  
PRN meds \_\_\_\_\_  
Physical restraint \_\_\_\_\_  
Open quiet room \_\_\_\_\_
- 16. I will learn self-advocacy & empowerment
- 17. I will learn how to engage in activities I enjoy
- 18. I prefer to work in  
Large Groups \_\_\_\_  
Small Groups \_\_\_\_  
Individually \_\_\_\_
- 19. Exercise in class, with equipment, inside or outside
- 20. Spiritual/religious preference \_\_\_\_\_
- 21. Less help will be needed from case mangers & staff
- 22. I will stay out of the hospital
- 23. I will take my medication as prescribed
- 24. I will use coping skills instead of self-harming
- 25. Others: \_\_\_\_\_